



MOUNT LAWLEY SENIOR HIGH SCHOOL

LAWLEY UPDATE Term 2 June 2010 No. 9

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PRINCIPAL'S REPORT

Despite the pressures of examination marking and report writing for staff, many exciting opportunities were available to the students of Mount Lawley over this period. Below is a list of some of the events that have taken place throughout the last three weeks of this term.

- During Week 8 fifty-two of our aspiring leaders attended the Year 10 Leadership Camp where students took part in workshops aimed at improving their communication and leadership skills that will assist them to mentor new Year 8 students in 2011 as part of our Peer Mentor Program.
- During Week 9 all Year 10 students and their parents participated in a Subject Selection Counselling session for Year 11 2011. On Wednesday June 16 students and parents were able to access information from over 20 exhibitors including WA Universities, TAFE Colleges, Industry Groups, Police & Defence Force Recruiting and Apprenticeships. Many of the exhibitors commented positively about the behaviour of our students and the intelligent questions that they asked. All gave high praise to the organisation of the event and I congratulate our VET coordinator Mrs Catherine Smith and her team of helpers for organising such an informative event. I hope that our students and the parents who attended were able to access information which will help in the complex decisions for further education.
- Throughout the term Mrs Jenny Martino has been working in association with UWA conducting scientific investigations with her 128 Year 9 students. On the evening of June 23 the students and their parents participated in a presentation evening of the investigations from which 30 have been chosen to compete in an award excursion to UWA on the June 29. The night was a huge success and the winning investigation in the final will earn \$500 for the successful student.
- On Thursday June 17 Mr Reid Hamilton and Ms Tahlia Milroy organised an engaging and successful Year 9 Sports Carnival. It was pleasing to note the high standard of behaviour and level of attendance from our students.
- During Week 8 Mr Mat Winter led three teams of eager Year 12 Chemistry students to Curtin for the RACI Titration Stakes. This is an analytical competition for Year 12s across the state, to refine their skills in Chemistry titrations and reinforce their understanding of the Chemistry syllabus. Our teams rated 31st, 49th and 62nd. Mr Winter commented that he was very proud of all of the participating students who represented our school with distinction. The following students are to be commended for their effort in this challenging competition: Monte Maserei, Nathaniel Wemyss, Dereck Mann, Cathy Nguyen, Felice Morcombe, Ruth Tran, Shanii Austin, Cherie Ha and Dana Abu-Geras.

WORLD EXPO MUSIC REPRESENTATIVES

Samuel O'Connell, (drums), **Jade Richards** (vocal), and **Josh Padmanabham** (guitar), were selected by the WA Government to be part a jazz combo to visit China for 2010 World Expo in Shanghai this week. One third of the ensemble is from our school.



EVENTS CALENDAR

Thursday 1 July Whole School Reporting :

Middle School 1- 6.30pm, Senior School 2-7pm

Monday 19 July School Development - No student attendance

Tuesday 20 July Term 3 Begins - Students start

Monday 26 July P & C Meeting 7.30pm

Tuesday 27 July Language Support Group Meeting

Friday 30 July Languages Quiz Night

Monday-Friday 2-6 August MSE Testing All Year 9s,
Language Week



• The Farewell Concert conducted on June 22 at Perth Modern School demonstrated the extraordinary talents of our students and I am sure the hard work and dedication of the staff and students will translate into high quality performances while on tour performing at the Sydney Music Festival during Week 11. The students highlighted their talents in Big Band 1, Yr 11 Cert IV, Chorale, String and Tour Orchestra, Rock Band, Yr 12 Cert IV, and the Senior and Tour Concert Band. Congratulations to the Music staff and students ably supported by a hard working and dedicated parent support group.

On Monday June 14 Mount Lawley hosted an afternoon tea with Her Excellency Kirsty Sword Gusmao, wife of East Timor Prime Minister Xanana Gusmao. Mrs Gusmao was greeted by student representatives from Mount Lawley's Student Interact Club and our Head Boy and Head Girl. Throughout the year our students have helped collect and raise money for East Timorese schools and baby clothes for new mothers. Our involvement in this project has stemmed from links made with East Timor by substantive Principal Mr Milton Butcher who is currently serving there as an Army Reserve Officer. It fills me with pride to be able to showcase our school to distinguished guests who are always impressed by the behaviour, attire and attitude displayed by our students.

Our seventh Community Art Auction was conducted on Saturday June 19 and was once again a resounding success. I congratulate the Parent Support Groups from the SVAPA and Music programs who contributed many hours to organise the event. In particular I would like to acknowledge the work of Tracy Kenworthy and her organising committee, the student helpers, auctioneer John Cook, MC Russell Goodrich, website master John Pryor, data base organisers Andrew Venn and Donna Hart-Venn, Andrew Paul and his cadets for organising the parking on the night, Yvonne Scott & her clerical staff for managing the money and the clerical requirements for the event, Mike Camilleri for helping set up and the Music staff and students who provided the entertainment for the night. I also thank Ian Johnston and his Senior School staff for their cooperation to rearrange their rooms for the event.

On Friday June 25, three Year 12 music students, Jade Richards, Sam O'Connell and Josiah Padmanabham travelled to Shanghai to perform at the World Trade Expo. Across the State eight of the most outstanding music students were selected to represent Western Australian at the Expo and for Mount Lawley to have 3 students selected demonstrates the high quality of our Certificate 1V Jazz Program. Mrs Anita Chong will also travel to Shanghai as a chaperone for our students. We look forward to hearing about the experiences of this group on their return and wish them a safe and stimulating tour.

On July 1 and 2 Matt Parry and Max Owen of Year 10 will be competing in the 3rd Chinese Bridge Chinese Proficiency Competition for Foreign Secondary School Students held in Adelaide at the Confucius Institute of the University of South Australia. This is a wonderful opportunity for Matt and Max who will compete against students from SA, ACT and the NT with the winners travelling to China in October to compete in the World High School Competition. Mr James Cheah will accompany the students.

During week 10, 36 of our Year 9 and 11 of our Year 11 students were given the opportunity to extend their knowledge and understanding of the Australian Parliamentary system and our nations history with a tour of Canberra. The tour coincided with the historical appointment of Julia Gillard as Prime Minister and students were given the opportunity to view Question Time involving the new Prime Minister from the very room in Parliament House that she was signed in as Prime Minister earlier in the day. Other highlights of the tour included visits to the National Museum, the Museum of Democracy, the War Museum and a drive up Mt Ainslie which gave the students a wonderful view of Canberra. Congratulations to Mrs Jan Finning, Ms Siobhan Galavan, Mr Brian DeBois and Mr Naso Tsingoida for surviving the week with our students who I understand were fine ambassadors for Mount Lawley SHS. I would also like to thank Mr Geoff Clayton and Ms Lynne Noack for their efforts in organising the tour.

Mount Lawley SHS has initiated an innovative Senior School 2011 Course of Study program for Senior School students beginning in Term 4 this year. Current Year 10 and Year 11 students will begin their respective Year 11 and Year 12 Course of Study programs in Week 5 of Term 4. The last day of the year will be December 10 for both year groups. Making this change to the normal program will give the Year 12 students an extra 5 weeks to complete what can be a hectic and stressful final year. If you are a Year 10 or Year 11 parent please note this date as your son's/daughter's final day for 2010.

To complete this update I would like to acknowledge the commitment to excellence of our teachers throughout the term and I wish all staff and students a relaxing and enjoyable holiday.

Stephen Spice

UNIFORM SHOP NEWS

New waterproof school jacket now available to order \$59. This jacket is great for extra warmth with your jumper.

Some music uniform orders are still awaiting collection. Please pick up as soon as possible.

New uniform items - Girls long sleeve hard collared shirt \$33 and Girls short sleeve hard collared shirt \$30, Girls straight leg trousers \$50. Boys trousers for winter- Fully stocked. Waist measurement in centimetres. Boys short sleeve hard collared shirt \$30 and long sleeve hard collared shirt \$33 in stock. Neck measurement in centimetres. New Woollen blend jumpers in stock.

Cotton/poly jumpers in stock for wool allergic students. Winter scarves - unisex \$30 Sport shorts and Sport polos - fully stocked. **STOCK CLEARANCE SPECIAL** - Girls trousers \$10, Girls shorts \$5 - Sorry limited sizes available, please call or email to check availability.

Uniform Shop Manager - Dawn Pekin, Opening hours - Tues and Thurs 8 - 11.30am. Payment - Cash or Eftpos.

e-mail mlshs@nellgray.com.au Ph 9371 8034



Year 12 CULTURE Photographic Exhibition 2010

The Year 12 Design Photography Students of Mt Lawley SHS invite you to their Photographic exhibition 'CULTURE';

When: 28th June to the 2nd July

Where: Media/Arts Building, Room MA4 Mt Lawley SHS



Year 12 Culture Photography Exhibition.
Come and see our portraiture/fashion work.
28th June-2nd July in MA4.
27.

Bob Shuttleworth, TIC Design & Technology, Mt Lawley SHS, Ph 9471 0300, Fax 9271 1126, Mobile 0408004574
Email: robert.shuttleworth@det.wa.edu.au



PASH - PROMOTING ADOLESCENT SEXUAL HEALTH

Adolescence can often be a time of confusion and embarrassment when it comes to sexual development. The **PASH** program aims to promote sexual health and wellbeing in young people through fun and interactive activities. It gives young people a chance to explore their sexuality and to enable students to make informed health decisions.

This program has been developed by Family Planning Western Australia and is run in the school with the full support of the Department of Education and Training.

This program will run in Term Three. The **PASH** Program consists of a six sessions with a small group of students. The sessions will begin from the second week of term 3.

Sessions topics include:

- Assertive Communication
- Social and Emotional Wellbeing
- Risk Taking Behaviour
- Relationships
- Contraception
- Pregnancy
- Sexually Transmissible Infections
- Communication
- Conflict Resolution
- Rights and Responsibilities



The group will be run by Pam Rosenbaum & Mel Hudson, MLSHS Community Nurses. All students invited to the program will receive further information and will need their parent's consent to be involved in the fun and learning!

Enquiries to Pam Rosenbaum, Community Nurse:
Phone 9471 0324 or
email Pam.rosenbaum@lawley.wa.edu.au



WINTER ASTHMA WARNING

With the onset of winter and cooler weather, many people find that their asthma seems to flare up. If you or a family member has asthma, you can do the following things to help manage your asthma.

- See your doctor and have your asthma reviewed
- Ensure you have an up-to-date Asthma Care Plan
- Ensure you carry your reliever medication at all times
- Continue to follow healthy lifestyle choices with food and exercise
- Stay warm
- Ensure your home is heated. A warm bedroom reduces night time coughs and wheeze
- Ensure you follow your Asthma Care Plan

Asthma and Smoking Don't Mix....

Asthma can be triggered by many things and cigarette smoke, with it's 4000 harmful chemicals, is a major trigger.

If you have asthma, reduce your exposure to cigarette smoke by;

- Not smoking
- Make your home and car Smoke-Free. Put up no smoking signs
- Avoid smoky environments
- Ask people not to smoke around you!

Contact Asthma Foundation on 9481 1234 for more information.

TIPS FOR PARENTS WHO DON'T WANT THEIR TEENAGER(S) TO SMOKE

Parents are powerful role models. It is important for parents who do not smoke to express your opinions to your teenagers about smoking. Teenagers who believe their parents disapprove of their smoking are less likely to take up smoking. Set a healthy example and don't smoke. The following tips can help you talk to your teenager about smoking.

- Talk to your teenager about what you would prefer them to do about smoking cigarettes. You begin by saying "You have to make up your own mind about smoking, but I think....."
- Help your child practice refusal skills. You may say "What would you do or say if someone offered you a cigarette and you didn't want one?"
- Ask your teenager what they think about smoking. You could say "I read that 80% of teenagers in Australia don't smoke regularly, does this sound right?"

FACT 1: Young people need to know that most people, young and old, do not smoke.

- Ask your teenager about risks of smoking (getting suspended, the cost, addiction, the smell, poor health)
- Listen to your teenager to tell you what they think your views are about smoking
- Set family rules about smoking and discuss consequences if these rules are broken. Make your home and car smoke-free. Limit smoking to outdoors

FACT 2: Most teenagers who try smoking decide not to continue to smoke

Contact Alcohol & Drug Information Service 9442 5000 for help and support



HOST FAMILIES WANTED

Mount Lawley Senior High School is co-operating with the French exchange program hosting a small number of 16-17 year old students from France, from 4nd to 23nd August 2010.

We are looking for families who would enjoy hosting a French student during that time. The student will attend morning classes with your child each day and will go on excursion every afternoon. They will come back home, late afternoon, by public transport.

Your exchange student would become part of your family during their stay and, as such, would be expected to comply with all your family rules and arrangements. Each student will provide their own spending money; host families should be willing to provide accommodation and meals, including a packed lunch for each school day.

We believe that these exchanges are highly beneficial for both Australian and French students who will experience first-hand a different culture, customs and way of life as well as forming new and lasting friendships. In previous years, successful programme has led to invitations to go to France.

If you would like to host a French student or have further questions regarding the exchange, please contact the French teacher and give the permission to pass your contact details to Martine Floyd.

Email: aupairoz@iinet.net.au Mob: 0403 019 609



COMMUNITY ANNOUNCEMENTS

RAISING YOUR TEEN SOLO

Tackling the challenges of raising your teen? RAD can help you! The Relationships after Divorce or Separation (RAD) program is a free program being offered by the University of WA and Murdoch University. It is designed to develop positive family relationships through improved communication, reduced parent-teen conflict and enhanced self-esteem. If you are a single parent with teens aged 12-15 years, join us to learn how to tackle problems with confidence, communicate better with your teen, plan for the future and help your teen be successful with this free 7-week program.

In 2010, we are offering two RAD programs, one for single Mums starting in end July and another for single Dads starting in mid-October. The program for Mums has two formats – either learn at home, or a weekly evening group for the mothers and their teenagers. The program for Dads and their teens is only available in the group format.

The group format offers single parents and teenagers the opportunity to meet others in situations similar to their own and learn new skills and techniques for tackling some of life's daily issues. There is free pizza and refreshments as well as free childcare for siblings not part of the group program. Those who opt for the learn-at-home program are provided with a resource kit, study guide and readings to complete, which cover the same topics as the group format.

The RAD program has been running for three years and past participants have reported positive changes taking place in their households. Come and see how RAD can benefit you and your teen too! For more information or to enrol in the RAD program, please contact Stephanie on 6488 4508 or at yeongh01@student.uwa.edu.au.



VOLUNTEER HOST FAMILIES URGENTLY NEEDED

Overseas students will be arriving in July 2010 and require Host families. There are two different programs arriving ranging from 5 months to 11 months. We have students and community volunteers arriving from countries including Germany, Japan, Venezuela, France and many more. Gain friendships that can last a lifetime? So - whether you have cattle or a poodle, six children or none, you have the perfect family. For more information please call Joyce on 9534 5823 or go to www.afs.org.au

TEE REVISION SEMINARS

Revision Seminars for TEE subjects will be conducted at the Leederville campus of the Schools of Isolated and Distance Education from the 5-9 July.

Subjects include Chemistry, English, Geography, Human Biology, Maths, Modern History, Physics and Study skills and examination techniques.

Information is on the website: www.side.wa.edu.au/schools/secondary/sec_wace.html



Get involved in some fantastic **FREE** activities during the July School Holidays




Town of Vincent Library & Local History Centre
99 Loftus Street, Leederville

Wednesday 14 July

<p>10.00am–10.45am "Wandering in the Bush" songs and stories.</p>	<p>2.00pm–4.00pm Spineless Wonders, insect experience followed by creative art.</p>
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Activities suitable for 6-12 years.
Bookings are essential on **9273 6090**
Parents/Guardians **MUST** stay throughout the activity to supervise their children.



Banks Reserve
Joel Terrace, Mount Lawley

Thursday 15 July

2.00pm–3.30pm
Make Bat Boxes - Learn about bats and work in groups to construct boxes to be installed in the wetlands.
Ages 10 - Adult.

5.45pm–7.00pm
Night Stalk - Discover the creatures of the night.
Bookings are essential on **9273 6564**



Saturday 17 July

11.00am–3.00pm
Family Fun Day on the River at Banks Reserve

Come on down and have some fun...

- Eco Treasure Hunt with GPS & Compass
- Reptiles
- Birds of Prey
- Kanyana Native Animals
- Claise Brook Catchment Group
- Roaming Recycler

For more information: www.vincentwetlands.com.au





SENIOR CONCERT