



MOUNT LAWLEY SENIOR HIGH SCHOOL

An Independent Public School

LAWLEY UPDATE Term 1 No. 3 2014

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Western Australia 6050 ABN 47 842 936 866

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PHONE: 08 9471 0350 FAX: 08 9471 0338

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www.lawley.wa.edu.au
enquiries@lawley.wa.edu.au

Dear Parents, Caregivers, Students and Staff,

By the time you read this, we will be half way through Term 1. I repeatedly ask myself where has the time gone? Then I look at the calendar and reflect on the events that have already occurred and I know: we have just been doing so much!

This week we saw our House Swimming Carnival. There was great participation at the carnival and a fabulous atmosphere. One parent of a Year 8 student who came loved it so much that she stayed for the whole day! I would like to congratulate staff for their involvement (especially the HPE staff) and the students on their engagement. In speaking to a number of our older students in particular, they were exhausted at the end of the day because they had participated in so many events. That is the kind of carnival of which I like to be a part- with a focus on everyone participating to their level of expertise and giving their all for their House. Congratulations to everyone. Oh, and winners of the shields were Hackett (Middle School), Forrest (Senior School and overall). Meritorious achievement to Mr Howard for whom it was his 25th carnival. I think that he deserves a shield too!

Interim reports

These have been posted home and our reporting evening is next TUESDAY, 11 March from 4pm-7pm. I encourage parents and caregivers to attend and have a profitable discussion with your children's teachers.

Year 8 Barbecue

Again there was a buzz after school as we hosted Year 8 students and their families for the annual barbecue. Thank you to all of those who attended. Feedback was very positive with many parents reporting, according to Miss Burke, that "they had sent their child to high school with much trepidation and have been overwhelmingly relieved that their child's first few weeks here have been so enjoyable and stress free!" High praise indeed and I hope soothing news for our prospective Year 7 and 8 parents in 2015.

WHOLE SCHOOL REPORTING DAY

Tuesday 11 March from 4pm -7pm.

Bookings are available online via PTO
on the school website www.lawley.wa.edu.au



EVENTS

Monday 24 March 6.30pm School Board AGM and Annual Open Meeting. Conference Room. Main Admin Building.

Tuesday 11 March 4 -7pm Parents Evening Interim Reports Yr 8-12

Thursday 13 March Interschool Swimming Carnival, Music Parents Meeting 7pm Music Department.

Friday 14 March School Ball Yr 12, Hyatt 7-11.30pm

Tuesday 18 March River Cruise Yr 8/9

Wednesday 19 March SVAPA Parent Meeting 7pm

Thursday 20 March SCHOOL PHOTO DAY ALL STUDENTS

CHANGE OF DATE Photo Catch Up Day NOW Tuesday 25 March

HAVE YOU TICKED THE OPTIONS IN THE NEW SCHOOL PHONE APP ?



Type in - Mt Lawley SHS in either iTunes Store or the Android Market to download.

THEN YOU MUST GO TO THE ANNOUNCEMENT OPTIONS AND TICK WHICH NOTICES YOU WISH TO RECEIVE.

If you fail to tick any announcements then NO NOTICES will be sent to your app even if you have downloaded the app.

Announcement options	
Year 7	✓
Year 8	✓
Year 9	✓
Year 10	✓
Year 11	✓
Year 12	✓
SVAPA	✓
Bush Ranger Cadets	✓
Middle School	✓

Please support our Green initiative by reading the rest of this Update online using the school app or at <http://www.lawley.wa.edu.au/view/newsletters/lawley-update> or P & C Website <http://mlshspc.org.au>



Art Auction

Today I had the pleasure of meeting with Mrs Sonja Davidson, the Convenor of our Lawley Art Auction Committee, to discuss some logistics of this significant event on our calendar. It is the biggest fundraising activity for our SVAPA and Music students and monies raised directly benefit our students. Please keep an eye out in our newsletter and on line for advertisements calling for any assistance that you might be able to offer, as well as an invitation to this gala event on 14 June.

Communication

This is always a hotly debated topic around the tables at school and at home, I suspect. One of the challenges in working in such a large, complex and busy school, is getting the right information to the right people at just the right time to guarantee maximum participation, collaboration and satisfaction of all parties. This year with the changes that we have had to make to our postal régime we are relying very heavily on students taking home information and giving it to their parents. I know that this is a challenge for some students and I realise

that there could be few parents with sufficient fortitude to brave the depths of school bags, but maybe there could be a rostered once a week check of, "Did you get any notes at school today that you need to give to me, my little Padawan learner?" Alternatively, we are also loading up information onto our website and our App. (Mt Lawley SHS available on the App store or Android Market)

School ball

This event occurs next Friday, 14 March. I look forward to seeing many of our Year 12 students and their partners in their finery and demonstrating their best etiquette and demeanour as they enjoy the company of each other and the atmosphere generated by such a sophisticated social event.

Staffing

I am very pleased to welcome Ms Bridgid Lafferty who has won the position of Follow the Dream Co-ordinator for our school for 2014. Bridgid starts officially next week and will receive a comprehensive induction at the hands of Departmental personnel and Dr Phil Paioff who has very capably ensured that the program has maintained its momentum while the selection process took place.

Year 7 Transition

Finally, yesterday saw a group of teachers from our Network schools meet here as part of their professional learning community, to share their ideas and engage in discussion about Year 7 transition. Thank you to Mr Camilleri for chairing and leading the meeting in his usual urbane style! During the meeting the feedback that I received was unquestionably that Year 6 students are keenly anticipating the move, Year 6 teachers are sure that students are ready and parents are confident in our capacity to look after their children to the high standards that they expect. Great news all round!

Have a lovely fortnight.

Lea Fairfoul-Hutcheon, Principal





SCHOOL PHOTO DAY

Thursday 20 March

Change of date :

Photo Catch Up Day

NOW Tuesday 25 March

Reminder that all students have been given their photo envelope during form. These envelopes are to be completed and returned on Thursday 20 March when students have their photograph taken. A program for the day will be available at Form Time and from Student Services Office. School sporting and other group photos will also be taken on Thursday so ensure you know the times of your group photo.

ALL students will have their photograph taken for school records. Students are reminded of the uniform requirements "that excessive makeup, jewellery or facial piercing and inappropriate coloured hair will not be permitted." Also NO Physical Education sports tops will be permitted.

All the photographs will be taken upstairs in the staff room in the Main Administration building where students enter from the EXTERNAL stairs on the outside of the building from 8.00am onwards on Thursday 20 March.

Due to the industrial action the catch up day has changed to Tuesday 25 March from 12pm.

Spare envelopes can be obtained from the Main Administration Office. A copy of this envelope is displayed on the right, so check your child's bag!

YOUR PHOTO DATE IS
Thursday 20 March 2014 &
Change of date: Photo Catch Up Day Tuesday 25 March from 12.00pm

Mt Lawley Senior High School
SOME IMPORTANT INFO YOU SHOULD KEEP

- Each student must return their OWN envelope to the photographer ON PHOTO DAY
- The school cannot accept envelopes after photo day. A \$10 late fee applies to envelopes received after photo day. Please mail late envelopes with fee included directly to: PO Box 655 Belconnen ACT 2614
- Payment can be made in one envelope however, each student must return their own completed envelope which clearly states which envelopes contain payment. Failure to do so will result in an unrecognised order and re-order charges will then apply
- Please enclose correct cash payments as **no change is available** from the school office or photographers on or after photo day!

FILL OUT THIS SECTION AND KEEP FOR YOUR OWN RECORDS

PACKAGE ORDERED: _____

TOTAL PAID: _____

DETACH FOR CREDIT CARD PAYMENT
Please check your details carefully - Penalties apply for incorrect details (refer below)

SCHOOL: _____

STUDENT: _____ YEAR: _____ CONTACT/FORM: _____

CARDHOLDER NAME: _____

CREDIT CARD No. _____

EXP. DATE: _____ AMOUNT: \$ _____ +\$1.00= _____

CONTACT PHONE: _____

EMAIL ADDRESS: _____

ENVELOPE MUST BE SEALED, NO RESPONSIBILITY TAKEN FOR LOST PAYMENTS
Please do not fold notes or cheques. Do not use staples. Do not enclose plastic bags or additional envelopes.

STUDENT INFO	ORDER INFO	PAYMENT INFO
STUDENT NAME: _____	Qty PACKAGES: Price	PAYMENT MADE BY: <input type="checkbox"/> Credit Card <input type="checkbox"/> Cheque <input type="checkbox"/> Cash
YEAR: _____	<input type="checkbox"/> My Folio Package \$70	<input type="checkbox"/> IS PAYMENT FOR THIS STUDENT'S ORDER IN ANOTHER ENVELOPE? <input type="checkbox"/> No <input type="checkbox"/> Yes
CONTACT/FORM: _____	<input type="checkbox"/> Deluxe Package \$50	If yes, Student Name: _____
PARENT NAME: _____	<input type="checkbox"/> Classic Package \$40	Year: _____ Contact/Form: _____
CONTACT PHONE NUMBER: _____	INDIVIDUAL ITEMS:	<input type="checkbox"/> IS PAYMENT FOR MORE THAN ONE STUDENT IN THIS ENVELOPE? <input type="checkbox"/> No <input type="checkbox"/> Yes
EMAIL ADDRESS: _____	<input type="checkbox"/> A: Composite Group \$25	
	<input type="checkbox"/> B: Multi-Size Portrait Page \$25	
	<input type="checkbox"/> C: Large Colour Portrait \$25	
	<input type="checkbox"/> D: Year Group Magazine \$30	
	<input type="checkbox"/> E: Digital Portrait Negative \$30	
	<input type="checkbox"/> F: My Folio \$25	
	BUDGET PACK SPECIAL	
	Item A and Item B ONLY \$30 <input type="checkbox"/>	
	TOTAL VALUE OF THIS STUDENT'S ORDER \$ _____	

SCHOOL PHOTO DAY IS COMING!

EVERY STUDENT MUST RETURN THEIR OWN ENVELOPE

THE CLASSIC PACKAGE \$40
The popular Classic Package consists of four 25 x 20cm removable photographic prints presented in a double archival sleeve. Includes personalised front cover as shown, plus items A, B and C.

The package is designed with a unique theme specific to your school's culture and environment. A saving of \$60 if items purchased separately.

MY FOLIO PACKAGE \$70
Includes:
My Folio (refer item F) value \$25
The Classic Package (refer item A) value \$40
The Year Group Magazine (refer item D) value \$30
Acrylic Photo Keychain value \$15
Total Saving \$35

THE DELUXE PACKAGE \$50
Includes:
The Year Group Magazine (refer item D) value \$30
Digital Portrait Negative (refer item E) value \$20
Total Saving \$10

INDIVIDUAL ITEMS \$25 each

ITEM A
Composite Group with your portrait featured

ITEM B
Multi-Size Portrait (One 8x6 in, two 5x7 in, two 4x6 in)

ITEM C
Large Colour Portrait

ITEM D
The Year Group Magazine

ITEM E
Digital Portrait Negative

ITEM F
My Folio

KAPTURE PHOTOGRAPHY
March 19th - 20th (School Photo Day)
Phone 02 6250 1111
Email: kapture@kapturephotography.com.au
Web: www.kapturephotography.com.au



NURSES REPORT

Head Lice

There have been several reports this term of some students having head lice and it is important as a school community to check your child's hair regularly and treat immediately. Head Lice are only 2mm-4mm long and are therefore very difficult to see and can move very fast making them almost difficult to check whilst the hair is dry. Applying hair conditioner to dry hair will slow down the lice making detection and removal easier.

The Department of Health's preferred treatment method is the 10-Day Conditioner Treatment, however advice on insecticide treatment is also provided in the Department of Health's Head Lice Fact Sheet. This is available at www.health.wa.gov.au/headlice

Thank you for being part of this school's cooperative approach to head lice management.

Tracey Godfrey Community Health Nurse

10 day hair conditioner treatment for head lice

Head lice can be more easily removed by applying plenty of hair conditioner to dry hair before combing to remove live lice and eggs (nits). Any type of hair conditioner may be used, including generic 'home' brands, together with a metal fine-tooth 'nit' comb. Suitable 'nit' combs can be purchased from most pharmacies.

How does it work?

The hair conditioner works by immobilising the lice so that it is easier to trap them in the teeth of the comb. Without hair conditioner to slow them down, lice can be difficult to catch – they can run about 30 cm in 60 seconds. Hair conditioner also reduces friction, making combing easier, especially when using the metal fine-tooth 'nit' comb. Even if only one or two adult lice are missed, they can lay about 6 eggs per day, and the cycle of infestation will continue.

Why the 10-day treatment period?

Generally, eggs ('nits') will hatch 7 to 10 days after being laid on the hair shaft. The 10-day period is therefore recommended as the most effective time needed to break the reproductive cycle of the head lice. The reproductive cycle is broken by combing out the emerging hatchlings every one to two days, before they mature enough to lay further eggs (about a week after hatching).

What to do:

- Apply plenty of hair conditioner to the dry hair until saturated. Using white hair conditioner may make it easier to see the head lice.

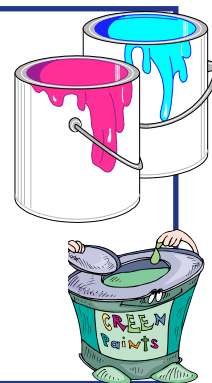
- Comb through with an ordinary comb or brush to remove tangles.
- Section and comb the hair thoroughly with a metal fine-tooth 'nit' comb in 4 directions – for-



WANTED PAINT POTS!
Design and Technology
Department require
pots of sample paints!

(Water Based House Paint)

Please drop off @ Main Admin Office



wards, backwards, left and right.

- Wipe the comb on a white paper towel to check that the dark adult lice or the paler hatchlings are being removed. Hatchlings are young lice which emerge from eggs. You may need to use a magnifying glass and a strong light to see the lice and eggs.

- Continue combing the hair in sections until the whole head has been screened.

- Rinse the hair conditioner out when finished and dry the hair.
- Repeat this process every one to two days over a 10 day period, to cover the hatching cycle of the eggs. Combing with conditioner traps and removes the hatchlings as they emerge from the eggs. To save time during a school week. Consider this combing schedule: "Tuesday, Thursday, Saturday, Sunday, Tuesday, Thursday".

- Examine your findings for adult head lice each day after combing. If any are found, this indicates a new infestation. You will need to start again from day 1, as new eggs may have been laid by the adult lice.

- Check for head lice reinfestation once a week for at least 4 weeks after completion of the 10-day treatment. Do this on the weekend when you have more time. Applying plenty of hair conditioner makes inspection by combing easier as well as more effective.

- Check all other household members for head lice infestation using the method described above.

How to remove eggs:

Some eggs will be removed by combing, but others are harder to detach. You may need to use your fingernails to remove as many eggs as possible from the base of the hair shaft near the scalp. Hatchlings that merge from any 'missed' eggs will be removed by combing with hair conditioner over the 10day period. Remember, only those eggs within 1cm of the scalp will hatch. Eggs that have grown further out with the hair shaft will already be hatched or dead.

Show your support of the students and teachers.
Students are welcome

Main Staff Room
Mount Lawley Senior High School
Friday, 7th March 2014
6.30pm - 8.00pm

You are invited....

Meet the Languages Department teachers, other parents, students and the Languages Parent Support Group.

Listen to students' exciting experiences of their trips to Italy and China.

Find out about the 2014 trip to Italy. The travel agent will be there to present the itinerary and costs.

Enjoy a pleasant and enjoyable evening with nibbles and drinks.



Parent Focus Article

WEEK 4

Middle – Time Management Senior – Time Management

**These articles are to be used
with the School Diary which
has been supplied by the
P & C Association**

Learning Goals - at the end of this week your child should have:

- A self awareness of where their time goes each week and their biggest time wasters - nothing time.
- An enhanced tolerance to confusion and frustration through resilient and resourceful attitudes and a positive growth mindset to remain focused and ignore distractions.
- A proactive attitude to use the weekly Habits of Mind and Thinking Tools to strive, thrive and flourish in their living, learning and thinking.

Value for Life - Understanding

Identify three positive behaviours which show Understanding at home, then at school and then in the community.

Wellbeing Focus

Time is the one thing that we all have the same amount of, but it's amazing how often we run out of it and are 'time poor'. It is avoidable, but requires a determined focus to ignore distractions, common sense prioritising and a purpose to achieve. Before students can control their time, they have to develop a set of consistent attitudes and habits to live by. As Hilary Hilton 'Zig' Ziglar (American author and motivational speaker) so clearly points out, "Lack of direction, not lack of time, is the problem. We all have twenty-four hour days."

A very rewarding exercise for them is to summarise their time usage over a typical week under the headings:

- Sleeping, eating, showering, grooming and dressing
- Travelling to and from school, school, hanging out with friends before and after school
- Part-time jobs, jobs at home, looking after brothers and sisters
- Exercising, training for and playing sport, leisure activities, TV, games, social networking sites, texting, twittering
- Visiting relatives, study and home learning, church, other things

The above exercise, plus looking at their musts and options page and study timetable, will give students a good overview of how they spend their available 10080 minutes each week. Building their self-awareness encourages them to become self-monitoring and self-adjusting in their time management habits.

Quite often the largest timewaster for students (and in fact all of us), is just idling and wandering around between activities; basically doing nothing – 'nothing time'. Being mindful of this enables students convert it to 'something time', thus achieving something meaningful.

"Time = Life, therefore waste your time and waste your life, or master your time and master your life." Alan Lakein

Parent Focus Article

WEEK 5

**Middle – Home Learning Area
Senior – Home Study Area**

These articles are to be used
with the School Diary which
has been supplied by the
P & C Association

Learning Goals - at the end of this week your child should have:

- An acceptance that learning/ study at home plays a big part in them becoming self managing, self monitoring and self adjusting.
- A positive growth mindset to set up their home learning/ study area appropriately and awareness of why and when to apply themselves in their learning/ study.
- A proactive attitude to use the weekly Habits of Mind and Thinking Tools to strive, thrive and flourish in their living, learning and thinking.

Value for Life - Efficiency

Identify three positive behaviours which show Efficiency at home, then at school and then in the community.

Wellbeing Focus

To build students' independence and positive growth mindsets to learn alone, it is essential that their learning extends to settings well beyond the classroom. One of these settings is at home. For students to reap the maximum possible benefits from their learning at home, a special place to study is highly desirable.

Just as we have specific work areas in our workplaces, this area to study should ideally be used only for that purpose. Over time their brains will build patterns that associate that place with study, thus developing it as a habit and reducing barriers to getting started. Plenty of colour in this area stimulates students' brains; splash it with colour.

Many families find space a problem and a special study area very difficult to provide. In these cases, the best scenario is to create as many of the features for an efficient learning/ study area as possible e.g. well -lit, quiet, warm and comfortable, a copy of their Home Learning/ Study Timetable and a Forward Planner on the wall, well resourced with stationery and a computer, away from distractions, especially TV and loud music on their iPods. Quiet rhythmic music can actually enhance learning.

Studying in front of the TV is a total waste of time, because very little, if any, of the subject matter will be absorbed by students and embedded in their memories. Their brains' attention cannot compete with the brightness, noise and movement on a TV screen. It's like trying to fill a bucket with a hole in it.

Also, studying in bed is not beneficial. Firstly, the brain relates bed to sleep, not study, and efficient learning won't occur. Secondly, studying in bed will effect sleep patterns and reduce the students' quality of health.

"I do not seek, I find." Pablo Picasso

Parent Focus Article

WEEK 6

**Middle – Note Taking
Senior – Note Taking in Class**

These articles are to be used
with the School Diary which
has been supplied by the
P & C Association

Learning Goals - at the end of this week your child should have:

- A willingness to explore other ways to take notes other than just writing and understanding the best ways to use their dominant Multiple Intelligences and best learning styles.
- An understanding of how to gather information through all of their senses and a heightened sense of curiosity to be information seekers and knowledge creators, like scientists.
- A proactive attitude to use the weekly Habits of Mind and Thinking Tools to strive, thrive and flourish in their living, learning and thinking.

Value for Life – Consistency

Identify three positive behaviours which show Consistency at home, then at school and then in the community.

Wellbeing Focus

Note Taking should be much more than purely writing. To cultivate students' resourcefulness as a habit, we should encourage them to gather information by hearing, seeing, feeling and recording it using their dominant Multiple Intelligence and preferred Learning Style. Drawing idea maps, using thinking tools, making lists, creating flowcharts, using abbreviations are all effective methods of taking notes.

When writing and taking notes in class, many students adopt the approach of trying to write down everything that the teacher says and consequently find great difficulty keeping up. This puts them under pressure and tests their resiliency to stay focussed and engaged. This may lead to unwanted anxiety and their learning and understanding suffers. This approach is a non thinking transfer of knowledge; no learning, just filling the bucket.

Pre-reading the material to be covered in class is an excellent strategy that ensures students have a connection with it before they commence taking notes.

Learning to listen and reading body language are key habits in life and learning. The 80/20 Principle is an effective listening and note taking technique that will benefit students. It involves listening attentively for 80% of the time and writing/ recording/ drawing for 20% of the time. Encouraging students to question what they are listening to, lights the fire in their brains to start looking for connections to previously learnt material; their brains are engaged in exploring and searching for meaning – real learning.

In order to learn effectively, students must develop effective scavenging habits of gathering what they need to know through all of their senses. Coaching and mentoring students in finding their personal best ways of learning will enable them to strive, thrive and flourish.

Encouraging and introducing students to an array of note taking 'gathering' strategies will see their learning efforts well rewarded.

"He listens well who takes notes." Dante Alighieri







COMMUNITY NOTICES

The following information is presented as a service to parents, however, Mount Lawley SHS does not recommend, endorse or promote these providers

UWA PROSPECTIVE STUDENTS OFFICE

If you're a Year 12 student (or a parent of a Year 12 student), this session will provide information about UWA's courses, admission requirements and how to achieve your study and career goals.

PRESENTATION: Year 12 Information Evening (repeat session)

- Information session for Year 12 students and their parents

Wed, 12 Mar 2014 18:00 - Alexander Lecture Theatre, UWA Arts Building.

UWA Prospective Students Office staff will be available to answer your queries following the presentation.

URL: <http://www.studyat.uwa.edu.au/about/events/year-12-students/yr12-info>

Inglewood United Soccer Club – U16 soccer team

Inglewood is looking for players to join its U16 Community team for the 2014 season. The team is shaping up to be very competitive in 2014 and is being trained by a qualified youth coach. Boys should be born 1999 or 1998. For further information please contact Gary on 0407 992 671.

Club Website:

www.inglewoodunitedfc.com.au

OPEN NIGHTS at MURDOCH

There's no better feeling than going to bed at night knowing you've done something great; especially if it involves getting clarity on your future.

Murdoch University's Open Nights are where you can learn more about university study and ask questions about courses and admission.

With our world class teaching and facilities, plus a new degree structure that meets the demands of the world, Murdoch University will help prepare you to secure your future.

When Wednesday 26 March
Wednesday 21 May
Wednesday 17 September
Wednesday 12 November

Where Kim Beazley Lecture Theatre
90 South Street Murdoch

Time 6.30pm – 8.30pm

For more information, go to www.experience.murdoch.edu.au or call 1300 MURDOCH (1300 687 3624)



Is your daughter
or son looking to
make a difference?
So are we.



Notre Dame Parent Information Evening Tuesday 11 March 6.00pm start

For parents of Year 10 to 12 students.

Come and join us on campus to discover the possibilities for your son or daughter's future and the role that you and Notre Dame might play.

Venue: The University of Notre Dame Australia,
19 Mouat St, Fremantle

For further information 08 9433 0533 | future@nd.edu.au
RSVP: nd.edu.au/parentinfo

**Learn to fly
Meet challenges
Make great friends
Have fun**

Join the Air Force Cadets and get trained to lead Australia
Open to boys and girls aged 13-18

METROPOLITAN SQUADRONS: Bullsbrook, Cannington, Fremantle, Joondalup, Karrakatta, Madeley, Mandurah, Rockingham, South Guildford

COUNTRY SQUADRONS: Albany, Bunbury, Geraldton, Kalgoorlie

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