



MOUNT LAWLEY SENIOR HIGH SCHOOL

An Independent Public School

LAWLEY UPDATE Term 1 No. 4 2015

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The Friday just past saw the annual School Ball take place. This is always the social highlight of the year and one that Year 12 students look forward to with great enthusiasm.

It is an event which takes much personal planning from students and has become an industry with dress designers, limousine companies and hair stylists only too willing to take a "piece of the pie". The students all looked fabulous and enjoyed the event.

Thanks to Mr Lazarov, Mr Hudson and the Prefect group for the tremendous amount of work that was involved in planning the Ball. Also, thanks to the staff who attended and exercised the supervision needed for it to take place. The student groups were well behaved and responsible through the night. Congratulations are extended to the following students for awards made during the night.

Belle of the ball:	Guinevere
Beau of the ball:	Izaak
Best dressed male:	Frankie
Best dressed female:	Selena
Best male dancer:	Phoenix
Best female dancer:	Izzy
Cutest couple:	Harry and Evelyn

However, for some students it appeared that the Ball itself was only a preliminary to what was to take place next - the so called "After Ball Party". This is based on several groups who were anxious to leave at the appointed time. These "after-ball" events are in no way condoned or supported by the school and as has been shown in the past, dangerous where there is no close parent supervision.

Now that the Ball is over, there is a clear expectation that the Year 12 group will now focus on school work. This is a group that gained an excellent NAPLAN result, including a "Green" box in Writing and there are hopes that many students will achieve a very good result in the WACE examinations.

The Achievement Club meets twice a week and students should look to attending to take advantage of the support offered by rostered staff. This initiative is funded by the P&C and therefore free-of-charge to families. Attendance is recommended for all year groups.

Elections for the P&C have now been completed as has the position of parent representative to the School Board. Congratulations and thanks are extended to the following for accepting a leadership role in the P&C.

President: Mrs Jo Furness.

CONGRATULATIONS



Caitlin 1002 competed in the National Athletics competition in Sydney recently. She was representing Western Australia in the Under 16 Triple Jump. Caitlin came 11th in the Nationals. Well done Caitlin.

WHERE ARE THEY NOW ?



SARAH MULHOLLAND CLASS OF 2008

Sarah entered Mount Lawley SHS as a GAT Languages student in 2004 and completed German as a Year 12 student. She was also a keen musician and studied Music.

In 2006, she was selected as a member of that year's Premier's ANZAC Student Tour and visited the Western Front and Gallipoli.

Following graduation, Sarah studied law in Scotland. She takes up the story.

"I graduated last July after completing a Bachelor of Laws with Honours. I cannot express how much this changed my life. During my honours year I focused on children's rights which has lead me to pursue teaching. I started studying a Grad Dip in Education (Early Childhood) a few weeks ago. I have never been so happy or motivated whilst studying and I am so grateful that I have found something I am passionate about."

Sarah is now studying at ECU Mount Lawley - a short walk from her days at Mount Lawley SHS.

Secondary Assistance Scheme

LAST DAYS

Eligible parents/guardians may apply at the Main Administration.

For further information phone 9471 0302.

Closing Thursday, 2 April 2015.

Please support our Green initiative by reading the rest of this Update online at P & C Website
<http://mlshspc.org.au>

A THOUGHT

The function of education is to teach one to think intensively and to think critically. Intelligence plus character - that is the goal of true education. *Martin Luther King jr.*



Vice President:	Mr Ron Pearce.
General Secretary:	Ms Elizabeth Walters.
Minutes Secretary:	Ms Catherine Lee.
Treasurer:	Mr Mark Westera.
Committee:	Mrs Sue Faranda, Mr Randal Wells, Mr Ian Coggin.
P&C Website Manager:	Mr John Pryor.
Delegate to the Finance Committee:	Ms Belinda Derby.
Delegate to the Health Committee:	Mr Darryl Ferguson.
WACSSO Representatives:	Ms Elizabeth Walters. Ms Huilin Sun.

The P&C, of course, plays a significant role in the school and supports many school programs. At the final meeting in 2014, the P&C allocated a considerable sum of money (\$80,000) to improve shade facilities in the school. As the situation regarding the buildings associated with Mount Lawley PS is unknown, this shade project could consider enhancing the former soccer field. I will raise at the next meeting, which is Monday, 23 March 2015 and I hope to see many of you there.

The AGM of the School Board, and the annual public meeting, was held on Monday, 16 March 2015. The Chair of the Board for 2015 is Dr Jenny Fay who was re-elected unopposed. Parent representatives are Mr James Watson and Ms Jo Wynaden. The P&C representative remains as Mrs Jo Furness. Also joining the Board is staff representative, Mr Michael Camilleri and community representative, Dr Mandie Shean from ECU. It is pleasing to see ECU continue to provide one of the academic staff to serve on this school's Board. The student representatives are Madison (2015-2016) and Teale (2015). Thanks to Jenny for her continued stewardship of the Board and to all those who will serve this year. The efforts of members whose term expired this year is also warmly acknowledged.

Several year groups had river cruises this week. The Year 8/9 Middle School cruise was on Tuesday, 17 March 2015 and the Year 11 one, the next night. Thanks to the staff who planned and attended these events. The Years 8/9 cruise was well attended and as with the past ones, an evening well appreciated by the students. The Year 11 one was not well supported and perhaps this is an indication that for this age group the event is no longer "nouveau". With the Year 10 one scheduled for next Wednesday (25 March 2015) perhaps support for this may indicate whether a river cruise will be offered for Year 11 in 2016.

The On-line Literacy and Numeracy Assessment (OLNA) is a requirement for students to achieve the Western Australian Certificate of Education from 2016. Unless a student achieves a Level 8 in Year 9 NAPLAN, OLNA must be undertaken and passed to satisfy literacy and numeracy requirements for graduation. There are 6 times when it can be taken - twice in Year 10, 11 and 12. It is preferable that students reach the standard ASPA so they do not need to be withdrawn from class to attempt OLNA. The first testing program for this year went smoothly and I would acknowledge the good work of Mr Steve Raphael who co-ordinated the effort and his team. If your son/daughter needs to re-attempt the series later in the year please encourage him/her to approach it as with any school assessment and give it a "good crack".

Finally, Mount Lawley SHS took part in the 'A' grade inter-school swimming carnival on Friday, 13 March 2015. The school's team performed with gusto and enthusiasm and with most Year 12 students not swimming in the relays due to Ball commitments, finished 7 out of 8. This does mean a return to 'B' Division for 2016, however, several younger students achieved age champion status - a fantastic achievement in the premier public school competition. Congratulations are extended to:

Year 7 Champion:	Ethan.
Year 9 Champion:	Kiah.
Year 7 Runner-up Champion:	Imogen.

Milton Butcher, Principal

ROTARY FOUR-WAY SPEAKING COMPETITION

Shaun, Year 11, competed in the Finals of the Rotary Four-Way Speaking Competition which was held at the Mount Lawley Golf Club.

He presented an interesting speech on the importance of being responsible for oneself and for one's achievements. Unfortunately, he didn't make it through to the State round but he certainly impressed all who were present with his enthusiasm and maturity.

Ms Amy Paterson, English Department.

PHOTO DAY CATCHUP TUESDAY 31 MARCH FINISHES @11.30AM

For those students who missed out this week ensure that you have placed Tuesday 31 March in your diary as this is your LAST CHANCE. This is only a half day catchup session, so ensure you are there in the morning. Photographers will be packing up at 11.30am. This is also the day for team/group photos so please ensure you have your WHITE shirts ready!

Go to the school websitewww.lawley.wa.edu.au for the next few pages





PEER TUTORING - ENGLISH & LITERATURE

Attention students and parents: Are you or is your child in Years 9,10 or 11 and having trouble with ENGLISH? We now have a peer tutoring program up and running, whereby a group of excellent English and literature students meet in the library on **Tuesdays and Thursdays from 3pm** and help you with your individual English needs.

Struggling to understand what your book is all about? Don't know how to write an essay? If you feel behind in class or have not achieved the results you want, come along and have a friendly peer explain things to you from a student's perspective. **Starting Week 6. Totally free and supervised by teachers.**

INTERSCHOOL SWIMMING CARNIVAL - MOUNT LAWLEY SHS HAS TWO 'A' GRADE CHAMPIONS!

On Friday 13th March Mount Lawley Senior High School competed in the 'A' Division Interschool Swimming Carnival. With the competition being extremely fierce our team participated as hard as they could. Every student stepped up to the plate and did such an amazing job!

Congratulations to the swimming captains in **Sam** and **Jade** for their positive attitude in leading the team.

Special mention must be made to two very special individuals in our team. Congratulations to **Ethan (Year 7)** and **Kiah (Year 9)** for being crowned Champions of their year group and **Imogen (Year 7)** was Runner-up champion! Congratulations!

- Below are the results:
- 1 Churchlands 1070
 - 2 Shenton 1013
 - 3 Carine 634
 - 4 Perth Modern 592
 - 5 Rossmoyne 569
 - 6 Applecross 491
 - 7 Mount Lawley 341
 - 8 Willetton 338



Peer Tutoring - ENGLISH & LITERATURE
 Just to give you a taste of what was happening last week in the library!
 Come and join us...Great opportunity to get ahead!



AND DONT FORGET THE HOMEWORK CLUB AFTER SCHOOL
 This is on in the library at the same time as the English & Literature Peer Tutoring.
 There is also a teacher there to support students with their assignments and homework



Middle School Interschool Swimming Team



Senior School Interschool Swimming Team





INTERSCHOOL CRICKET 2015

Mount Lawley SHS played three matches in the schools T20 competition against Swan Christian College, John Forrest and Chisholm College. The students enthusiasm for cricket and their keenness to represent the school was a pleasure to see.

The team experienced success this year with two wins and a loss against the powerful John Forrest team. I would like to thank all the players for their positive team spirit and outstanding sportsmanship throughout the season.



RESULTS

MLSHS (6/133)d Swan Christian (121)
Michael (37no), Felix (29), Harry (21)
Steven (15no)
Alex (3/11), Felix (2/36)

John Forrest (0/78)d MLSHS (3/77)

Harry (15), Michael (18), Felix (11)

MLSHS (9/113) d Chisholm (39)

Steven (26), Michael (18no), Mandu (13)
Blair (2/8), Mitchell (3/3)

TEAM: Felix ,Harry, Blair, Andy, Mandu, Viral, Steven, Michael, Alex ,Mohamed, Mitchell, Cody, Briesh.



Mount Lawley Senior High School
Download our App now!
For Announcements, Absences, links & more.

Available on the **App Store** | **Google play**

HAVE YOU TICKED THE OPTIONS IN THE NEW SCHOOL PHONE APP ?

Type in - Mt Lawley SHS in either iTunes Store or the Android Market to download.

THEN YOU MUST GO TO THE ANNOUNCEMENT OPTIONS AND TICK WHICH NOTICES YOU WISH TO RECEIVE.

If you fail to tick any announcements then NO NOTICES will be sent to your app even if you have downloaded the app.



Announcement options	
Year 7	✓
Year 8	✓
Year 9	✓
Year 10	✓
Year 11	✓
Year 12	✓
SVAPA	✓
Bush Ranger Cadets	✓
Middle School	✓



2015 CHARGES AND CONTRIBUTIONS

Thank you to all parents/guardians who have already made payment to the school.

The school relies heavily on parents/guardians paying charges and contributions in order to provide the best education for our students.

All outstanding charges for Year 12 students are to be finalised as soon as possible.

Payment Methods

A quick reminder that the school accepts payment in cash, cheque or EFTPOS at the Main Administration, by credit card via a telephone call or internet transfer to BSB 066118 Account 00900116. Please include your child's surname, initial and form group in the reference field.

Are You Experiencing Financial Difficulties?

The school is sympathetic to families experiencing financial difficulties. To set up a payment plan please contact Mrs Lisa Viskovich, Finance Officer on 9471 0302.



COMMUNITY NOTICES

The following information is presented as a service to parents, however, Mount Lawley SHS does not recommend, endorse or promote these providers



FEMALE PLAYERS WANTED

Balcatta FC Junior Girls & Senior Women will be fielding teams in Season 2015 in the following leagues:

**U13 Div 1 U15 Div 1 U17 Div 1
Women's State Premier and Premier Reserves**

With our quality coaches and tailored academy programmes the Club offers a genuine pathway into senior football.

We are currently finalising our squads for the upcoming season and have places still available in all age groups.

To register please email: admin@balcattafc.com.au or phone Michelle Pergoloni (Club Administrator) on 0417 924 846

Need help to maximise your school results?

April school holiday programs will help

Years 11 & 12 WACE and ATAR April holiday revision program

Revision and exam preparation courses available in WACE and ATAR subjects plus our popular Study Skills and Essay Writing courses. Various times and venues in both the first and second week of the holidays, with 6 hour and 10 hour course options to choose from.

Years 7 – 10 April holiday Skills Development program

Learn from specialist teachers who inspire and build students' confidence. You can choose to enroll in NAPLAN Preparation to refine skills and hone in on recurring problems, advanced Maths or English that will extend and challenge talented students, transitional Maths or English to improve the foundational skills all students require to succeed in high school, plus our popular Learning Skills and Essay Writing courses.



Academic Task Force Venues:

**Churchlands SHS
Perth Modern School
Rossmoyne SHS**

Early bird discount: Enrol with full payment before 23 March and receive **10% discount**
Enrol online: www.academictaskforce.com.au

Academic Associates Venues:

**University of Western Australia
University of Notre Dame Australia**

Early bird discount: Enrol with full payment before 23 March and receive a **free trial exam paper** valued at \$25.00
Enrol online: www.academicassociates.com.au

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Phone: (08) 9314 9500
Email: learn@academictaskforce.com.au.

Relationships Australia
WESTERN AUSTRALIA

1300 364 277
www.wa.relationships.com.au

Dads Raising Teenage Boys

Raising teenage boys can be challenging but there can also be exceptional times of fun and closeness.

The Dads Raising Teenage Boys workshop is designed to assist fathers and father figures navigate their way through the teen years so as to help build positive relationships and strong positive young men for the future.

This workshop will discuss:

- How to build effective communication skills
- Developmental challenges that boys face in their adolescent years
- How to support and engage well with your son
- Utilizing effective strategies that will foster a meaningful relationship with you son

WEST LEEDERVILLE 22 Southport Street, cnr Cambridge Street	FREMANTLE 1 Ord Street
Monday, 30 March 2015	Wednesday, 24 June 2015

Time: 6.30-9.00pm
Fee: \$25 per person

Places are limited so book now on 9489 6322

Relationships Australia
WESTERN AUSTRALIA

1300 364 277
www.wa.relationships.com.au

The 'Rock and Water' Program

Physical exercises are constantly linked with mental and social skills. The Rock and Water program leads from simple self-defence, boundary and communication exercises to a strong notion of self-confidence. The program offers a framework of exercises and ideas to assist boys and girls to become aware of the purpose and motivation in their life. Topics include: intuition, body language, mental strength, empathic feeling, positive feeling, positive thinking and positive visualising.

The following topics are discussed:

- Bullying
- Life goals
- Developing a positive self image
- Communication skills
- Personal boundaries and following an inner compass

The course teaches the following:

- Practical Anti-Bullying strategies
- Self confidence, self awareness and self control
- Communication skills and interpretation of body language cues
- Alternatives to aggressive verbal and physical responses to fear and doubt
- Thinking and being in control, through grounding, centeredness and mental focus
- Boundary awareness

Facilitated by Craig Van Waardenburg (credited Rock and Water trainer) this family activity-based program builds on the complementary strengths of 'the rock' and 'the water'. One is firm and assertive, while the other is flexible and willing to cooperate.

Note: due to the nature of the activities, there is only room for one child/adolescent per attending adult.

WEST LEEDERVILLE PRIMARY SCHOOL
58 Northwood Street

Saturday 21 March – 8-12yrs
Saturday 9 May – 8-12yrs
Saturday 20 June – 13-16yrs
2015

Time: 8.30am – 12.30
Fee: \$60 per pair

Places are limited so please book now on 9489 6322



SECONDARY

The Learning Curve™

Parent Newsletter Article

**These articles are to be used
with the School Diary
which has been supported by the
P & C Association.**

WEEK 7 – MEMORY CODING/REVIEWING NOTES

Wellbeing Element – Engagement and Achievement
Character Strength – Curiosity

Taking accurate and comprehensive notes is an essential component in high level student understanding and thus achievement. More importantly, these notes have to be reviewed regularly to embed them in students' long term memories.

Following are facts relating to how much the brain retains:

- Should notes not be reviewed within 24 hours, 60% to 80% of the learnt material is forgotten by the brain
- After a month with no reviews, only 3% to 4% is remembered
- When the brain doesn't see learnt material regularly, it doesn't see it as important because there are no patterns and as such dumps it.
- When 50 minutes of learning is not reviewed regularly, it takes 30 to 40 minutes to relearn it - why learn it in the first place?

As renowned Polish pianist, Ignace Paderewski, once said, "If I miss one day's practice, I notice it. If I miss two day's practice, the critics notice. If I miss three days practice, the audience notices it."

Whereas when the material is continually revisited the brain sees it as important because there are patterns. Real learning occurs when students are required to retrieve it regularly through reviewing. An excellent way to review notes is to use interactive Thinking Tools to organise the learnt material visibly in students' brains.

Students regularly train for sport and practise their musical instruments to improve their skills and capabilities; the brain is no different.

WEEK 8 – LISTENING ENGAGEMENT

Wellbeing Element – Engagement and Achievement
Character Strength – Social Intelligence

Cultivating conscious habits in our students to adapt how they learn and think for differing situations will build their mindfulness and growth mindsets. They gather information from all of their senses but may not have the awareness to realise that they are.

It is important to explicitly teach students how to be in the learning zone by adopting active and questioning approaches in class; being mindful of what is happening moment by moment. Very few students will implicitly pick up these valuable lifelong learning dispositions naturally.

Building students' capacity to listen with their eyes, their ears and their hearts will enable them to absorb and question the main messages and how they connect with what they already know. Being able to read body language, listen for verbal cues and changes in voice tones to emphasise certain points will strengthen their Engagement and Achievement element of wellbeing.

Encouraging students to explore and follow their natural curiosity will nurture can do and want to dispositions in them. Encouraging them to ask themselves the following questions will enable them to build their connections with the subject material:

- How does this connect with what I already know?
- How can I use this knowledge?
- How can I apply it to new situations?
- How can I make predictions based on this knowledge?

Arriving at class, sitting there quietly and hoping that the brain will somehow absorb knowledge is non-productive and disengaging for students. Structuring lessons which enable students to participate and contribute will yield increased understanding, better comprehension and a more enjoyable learning experience all round.

According to Yoram Harpaz, a noted Israeli educator, to prepare 21st century learners for a life of learning, we must move away from the 20th century teaching paradigm that

- learning is listening,
- teaching is telling,
- and knowledge is an object to be transferred.

Our classrooms need to be places of adventure, experimentation and exploration that arouse our students' curiosity and inspire them to flourish.