



## MOUNT LAWLEY SENIOR HIGH SCHOOL

An Independent Public School

### LAWLEY UPDATE 3 Term 1 No. 3 2016

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On Monday, 22 February 2016, the P&C conducted its AGM. There was a good turnout, with several Year 7 parents attending. Thank you to all parents who attended and supported the P&C. Under the leadership of President Ms Jo Furness, the P&C has funded shade sails and outdoor furniture for students.

Ms Furness was returned as President with Ms Sharon Cockroft as the new Vice-President. Mr Mark Westera is serving again as Treasurer and Ms Caroline Nelson was elected as Secretary. The P&C parent support groups are also in the process of determining the leadership group for the year. These groups play a valuable role within the school community and the Languages, Music and SVAPA group are commended to parents with students within those programs. Another volunteer group, the Art Auction Committee, has been re-formed for 2016 and will again deliver one of the best community-based art auctions in the state. Led by Year 7 parent, Ms Patricia Kritas, the committee will always welcome new supporters.

Last week also saw the Year 10 parent BBQ. Thanks to all parents who attended and took the opportunity to meet teachers in the Senior School.

The Languages and Music Soiree was on Friday evening following. There was a large turnout of parents who enjoyed the fellowship and again, the opportunity to speak to staff. Thanks to the parent committees for music and languages for organising the event and working with the teacher contacts, Ms deRozario and Mr Jeong so effectively. Mrs Sue Faranda is acknowledged for undertaking the bar manager role.

Classical guitar and students of Japanese enjoyed a lunchtime concert by noted musicians Duncan Gardiner and Setsu Masuda. It was a quality concert and one enjoyed by the students. Thanks to Mr Jeong for arranging the performers and Ms deRozario and Ms Gallagher for planning the concert.

The House Swimming Carnival, held Wednesday was another very successful undertaking. It was pleasing to see the level of support by students - nearly 1,100 attended and many took part in the formal events as well as the novelty ones. A number of parents attended and your support is deeply appreciated by Mr Howard and his team. The co-operation of students made the work of staff organising competitors so much easier and this is typical of the overwhelming student population. They are well behaved and have positive values - a product of the parent group who support the school.

The winning house in each component of the school and overall were:

Middle School: O'Connor  
Senior School: Murdoch  
Overall: Murdoch

### CONGRATULATIONS



**Madison 10M3** has been selected to represent Western Australia in the 2016 Softball Team for the School Sport Australia National Championships in Melbourne, at the end of April.



**Shaun 12F3** has been selected for the State Debating Team. He was up against 60 of the best debaters from top debating schools in the state and was accepted into a team of 10.



**Felicity 804** has been selected in the 13 years girls category to represent Western Australia, in the BMX National Championships held in Bathurst this week.



**Jay 701** has been selected to represent Western Australia in the BMX Australian National Championships held in Bathurst this week.



### SCHOOL BOARD ANNUAL GENERAL MEETING AND ANNUAL OPEN DAY

The School Board will hold its annual open meeting on Monday, 21 March 2016. The meeting will be held in the Conference Room and commences at 5:30pm.

#### A THOUGHT

It is the mark of an educated mind to be able to entertain a thought without accepting it. *Aristotle*

Please support our Green initiative by reading the rest of this Update online at P & C Website <http://mlshspc.org.au> or on school website [www.lawley.wa.edu.au](http://www.lawley.wa.edu.au)



Congratulations to all students who gave the carnival their best shot and especially to the age group champions.

Category	Runner-up	Champion
Year 7 Boys	James (M)	Pavel (M)
Year 7 Girls	Fiona (M)	River (H)
Year 8 Boys	Matthew (M)	Jack (M)
Year 8 Girls	Ellia (O)	Imogen (H)
Year 9 Boys	Leon (M)	Oliver (O)
Year 9 Girls	Romy (H)	Lou-Ellen (H)
Year 10 Boys	Henry (H)	Joshua I (F)
Year 10 Girls	Frances (M)	Kiah (M)
Year 11 Boys	Angus (M)	Amaru (M)
Year 11 Girls	Melissa (H)	Phoebe (F)
Year 12 Boys	Martin (O)	Nicholas (O)
Year 12 Girls	Suci (H)	Teagan (M)



Congratulations are also extended to Kiah (Year 10) who set new school records for her age group in the 50m freestyle, breaststroke and butterfly. A great result.

Next week Year 10-12 students, who have yet to attain the Literacy/Numeracy standard for Graduation, will be completing the OLNA series of tests. These are on-line tests and teachers have looked to provide opportunities for revision and preparation. Students completing the tests do need to take them seriously and give them their best. They are a component of the Western Australian Certificate of Education.

Parents of Year 12 students should note that ECU is looking to raise the minimum ATAR for entry from 55 to 70. This may impact on students' capacity to enter an ECU program in 2017. Each year there are some 30 plus students in the ATAR range of 55-70. Parents requirements should consider this in terms of student progress and university aspirations. As the school is advised, we shall provide information to parents.

**Milton Butcher, Principal**





**MATHS ROADSHOW COMMENTS FROM YEAR 7s**

The Roadshow was good because we learnt how to work out questions that we thought were hard but were easy because we were playing really fun games. I learnt different number patterns and how to work in a group, how to make a shape with different kinds of shapes, triangles and irregular shapes. I enjoyed it a lot and hope we can do it again. **Sabrina**

What I liked about the Roadshow was that most kids think that Maths is the worst subject ever and there is nothing fun about it. Well the Roadshow showed a whole different side of Maths which I really liked. **Genevieve**

I give the Roadshow a rating 8/10. The carpet fitting game was the best. It was fun and hard at the same time. **Angel**

The Maths Roadshow had some really great activities. It taught us how to cooperate with one another and put our brain to the test with great problem solving activities. My favourite was the hexagonal puzzle. **Timnit**

The Roadshow was fantastic! Some activities were okay, some were hard, some took a pretty long time and some were very difficult. **Tony**

The Roadshow was quite educational. It helped me understand more about some Maths terms, e.g. time, area and perimeter. The most annoying activity was the tangrams but we finally got it done in the end. **Brae**

I learnt to keep persisting and not give up. It was a fun incursion and my favourite activity was the balancing beam. William

It was really fun. The games were difficult and I like challenging myself with difficult things. Some of the games were impossible for our group to solve. **Veerachai**

It helped with my Maths and I got to meet new people and make new friends. Some of the games were quite fun and my favourite was the balancing beam. **Tiffany**

It let me see how Maths and problem-solving comes into everyday life and for some of the activities I really had to think outside the square. **Grace**





**SCHOOL PSYCH CORNER**  
**IVA FILIPOVSKA, SENIOR SCHOOL**  
**PSYCHOLOGIST**



*Do you know there is a great link on our school website, School Psychologist's Corner . This is a wiki I created that has a lot of information about where and how to seek support when students are struggling, as well as a whole heap of other information about study skills, relationships, cybersafety, mindfulness etc.*

*The wiki can be found on the school's website - on the right hand side menu, under Community - as well as on the Student Services section of the lawley website.*

*The link is here - [ifilipovska.wix.com/schoolpsychcorner](http://ifilipovska.wix.com/schoolpsychcorner)*

**SCHOOL PHOTO DAY IS COMING!**

Dear Parents,  
**School Photo Day Thursday 17th March ALL DAY. Catchup Day and group photos Tuesday 5 April.**

Your child will receive a Kapture Photography order envelope to bring home. The recommended method of ordering your photos is online through Kapture's website as your payment is secure and can be easily verified at any time.

Alternatively you can pay by cash and return the provided envelope to the school on the photography day. If you place your order online please DO NOT return your envelope to school.

Order can be done online at [www.kapture.com.au](http://www.kapture.com.au). The online order code is **LDSHNW**.

Any parent who forgets or is unable to supply their envelope on the photo day will have five (5) days to complete an order online. Late payment envelopes cannot be accepted by the school office or by Kapture.

Kapture offer a money back guarantee for any parent who is not fully satisfied with their photo package. Should you have any queries before or after photo day, please direct them to the Kapture office on 9240 1714 or email [enquiries@kapture.com.au](mailto:enquiries@kapture.com.au).

All students will be photographed individually on photo day for school administration records AS WELL as included in their class

group photo available for purchase to all families

**SCHOOL PHOTO DAY IS COMING!**

ORDER ONLINE NOW - IT'S EASY!  
[www.kapture.com.au](http://www.kapture.com.au)

**12 PRICE**

**KAPTURE PHOTOGRAPHY**



**MOUNT LAWLEY SENIOR HIGH SCHOOL**

**CAREERS EXPO**

**Wednesday, 16 March 2016**  
 (Coincides with the Interim Report Day)

**Time: 2:00pm-6:00pm**  
**Location: Undercover Area**  
 (Outside Senior School Building)

- **W.A. Universities**
- **State Training Providers**  
 (formerly known as TAFE colleges)
- **Industry Groups**
- **Apprenticeship & Traineeship Organisations**
- **Employers**

**VISIT THE LANGUAGE SUPPORT COMMITTEE**  
**"MULTI-CULTURAL" CAKE STALL**

For further information please contact:  
 Catherine Smith on 9471 0312

**COMMUNITY NOTICES**

The following information is presented as a service to parents/guardians, however Mount Lawley SHS does not recommend, endorse or promote these providers.

**GO OVERSEAS FOR FREE..**

Enter to win one of 12 SOUTHERN CROSS CULTURAL EXCHANGE (S.C.C.E) Annual Exchange scholarships. Open to students currently enrolled in Year 9 – 12.

The Scholarship is an essay writing competition. At school you write an essay in English and you'll receive a mark, and hopefully a good one. With Southern Cross Cultural Exchange, if you write the winning essay in 1000 words or less, we will send you to the country of your choice for 2, 3, 5 or even 10 months – for free or half! It is well worth applying for this fantastic prize!

To apply online - Check out our scholarships page at [www.scce.com.au](http://www.scce.com.au) and follow the instructions. Very easy.

Students and parents are invited to attend a S.C.C.E Public Information Session, Tuesday 8th March at Perth Ambassador Hotel, 196 Adelaide Terrace Perth 7pm. This is a great opportunity for you and your parents to learn more about SCCE scholarships.

Students, the world really is your oyster. You might think "Why would I go on exchange?. But my question today is "Why NOT go on exchange? ". Think outside the square. Broaden your horizons. Make friends for life and Experience your world. Questions may be sent to [n.mckenzie@scce.com.au](mailto:n.mckenzie@scce.com.au) Good Luck!

We also offer our Inbound programs and are currently looking for volunteer host families in WA. Hosting an international student is a fantastic way to prepare for your exchange and really get a feel for what it's like to arrive in a new country. If you are a little young, or not quite ready to go overseas, hosting an international student brings another culture into your home and a great way to make new friends. Your family would choose the student who comes to stay with you, the country they come from and the duration of their stay. If your family is keen to get involved, we would LOVE to hear from you.



**Parent Newsletter Article SUPPORTING SCHOOL DIARY, With the DIARY EXTRACT FOR THAT WEEK Funded by School P & C. Source : The Learning Curve**

**WEEK 5 – WORKING THE WORK STATION**

**Wellbeing Element: Positive Engagement**

**Character Strength: Judgement**

**Wellbeing Fitness Challenges: Years 7-9 – Adventure Eat, Years 10-12 – Strength Spotting**

Extending students' learning beyond the classroom, builds their independence, brain pathways and growth mindsets to learn alone

- one of these learning environments is at home
- a special place to study is highly desirable
- this area should be mainly used for that purpose.
- over time their brains will build patterns that associate that place with study, thus developing it as a habit and reducing barriers to getting started.
- plenty of colour in this area stimulates students' brains.

Many families find space a problem and a special study area very difficult to provide.

- in these cases, the best scenario is to create as many of the features for an efficient learning/ study area as possible
- well lit, quiet, warm and comfortable, a copy of their Personal Time-table and a Forward Planner on the wall
- well resourced with stationery and a computer, away from distractions, especially TV, mobile phones and loud music; quiet rhythmic music can actually enhance learning.

Studying in front of the TV is a total waste of time, their brains' attention cannot compete with the brightness, noise and movement on the screen. Studying in bed is ineffective because the brain relates bed to sleep, not study.

*"I do not seek, I find." Pablo Picasso*

**WEEK 5**
**WORKING THE WORK STATION**

**MIDDLE STUDENT PLANNER PAGE 32**

**WORKING THE WORK STATION**

**My Wellbeing Bank:** Increase **Positive Engagement** by actively using my home work station.

To learn **effectively** at home you need a work station. Discuss setting one up with your family because most families find space a problem. Using it creates strong brain pathways.


**Suitable** conditions include:

- low lighting, bright lighting stresses your eyes
- comfortable seating, warm and well ventilated
- quiet and away from distractions such as TV
- neat, tidy and well resourced with a computer
- a bottle of water, water assists brain functioning
- colourful posters of your goals and subject matter a little higher than eye level, colours stimulate your brain.

When using your work station:

- wear warm loose fitting clothes
- keep your feet warm with socks
- move your arms and legs to maintain blood flow to your brain
- no heavy beat music, your brain tunes into the beats.

Don't study on your bed. Your mind relates bed to sleep, not learning. It will disturb your sleeping patterns.



**ACTIONS**

What are two things I will start doing to create and use a home work station?

- 1.
- 2.

**MINDFULNESS ACTIVITY:**

**5. Holiday 1.** You are going on a holiday to Hawaii, name ten articles of clothing you would take and what you would need to organise.

**RESILIENCE BUILDER**

**5.** In your teens, emotions can also strengthen to become more intense. With a friend, describe five situations which can cause your emotions to increase in intensity from mild to very strong. List the emotions as they become more intense for example, happy, lit, delighted, ecstatic from the List of Emotions.

**WELLBEING TIP:**

Find a higher purpose to have in life to aim for; say no to mediocrity.

**WHAT WENT WELL THIS WEEK AND WHY?**

- 1.
- 2.
- 3.

**Character Strength**  
**Zest**  
[www.viacharacter.org](http://www.viacharacter.org)

**SENIOR STUDENT PLANNER PAGE 32**

**WORKING THE WORK STATION**

**My Wellbeing Bank:** Increase **Positive Engagement** through focusing positively on my home work station.

As a family come up with an agreed set of expectations for your work station. One and take to find a good space.

A home work station:

- builds strong positive patterns in your brain
- creates processes for you to follow
- makes it much easier to get started
- think of it as your business office.

**Desirable Conditions:**

- low lighting, no fluorescent, brightness stresses your eyes
- comfortable seating, warm and well ventilated
- minimal noise, distractions and interruptions
- neat, tidy and well resourced with a computer
- a bottle of water, water assists brain functioning
- decorate your work station with colourful posters
- have a brain a little higher than eye level
- your brain is stimulated by colour
- on the posters have your goals written
- overview of and key points for your subjects
- quotations and formulae.

**Studying at your work station:**

- keep yourself warm with socks, loosely fitting clothes and move your body for blood flow
- drink warm milk, soup, sip water and graze on snacks
- if you like music while studying make it soft
- heavy beat music distracts your brain from study
- avoid studying in bed; your brain relates bed to sleep.

**ACTIONS**

What are two things I will start doing to create and use a home work station?

- 1.
- 2.

**MINDFULNESS ACTIVITY:**

**5. Holiday 1.** You are going on a holiday to Hawaii, name ten articles of clothing you would take and what you would need to organise.

**RESILIENCE BUILDER**

**5.** With a friend use the Learning Jigsaw Thinking Tool from the website to describe five behaviours and the body language you would show for each of the five Character Strengths to be successful as a senior. Summarise your thoughts in the Class section.

**WELLBEING TIP:**

Find a higher purpose to have in life to aim for; say no to mediocrity.

**WHAT WENT WELL THIS WEEK AND WHY?**

- 1.
- 2.
- 3.

**Character Strength**  
**Zest**  
[www.viacharacter.org](http://www.viacharacter.org)

Kate your wellbeing this week: 1 FAIR to 5 GREAT 1 2 3 4 5

**WEEK 6 – CORNELL NOTE TAKING**

**Wellbeing Element – Skills and Achievement**

**Character Strength – Creativity**

**Wellbeing Fitness Challenges: Years 7-9 – Emotions Spotting, Years 10-12 – Give to Live**

Note Taking should be much more than purely writing

- effective learning occurs when students use both sides of their brains
- they should also gather information by hearing, seeing, feeling and sensing it using their dominant Multiple Intelligences, Learning Styles and drawing idea maps, using thinking tools, making lists, creating flowcharts and using abbreviations
- an excellent note taking process which will achieve these things is the Cornell method

When taking notes in class, many students try to write down everything that the teacher says

- and consequently find great difficulty keeping up
- this puts them under pressure and tests their resilience to stay focussed and engaged
- which may lead to anxious feelings
- this approach is a non-thinking transfer of knowledge; just trying to fill the bucket.

The 80/20 Principle is an effective listening and note taking technique; it involves

- listening attentively for 80% of the time
  - and writing/ recording/ drawing for 20% of the time.
- Questioning what they are listening to
- lights the fire in their brains to start looking for connections to previously learned material
  - their brains are engaged in exploring and searching for meaning; real learning
  - encourages them to use the character strengths open-mindedness, perspective and curiosity

*"I hear and I forget, I see and I remember, I do and I understand."*  
**Confucius**

**WEEK 6**
**CORNELL NOTE TAKING**

**MIDDLE STUDENT PLANNER PAGE 34**

**CORNELL NOTE TAKING**

**My Wellbeing Bank:** Improve **Skills and Achievement** by using Cornell Note Taking.

Your brain has **two** sides, left and right

- left brain listens to your teachers' words
- right brain looks for what you already know about the topic.

The **Cornell** Note Taking Process uses both sides of your brain to build strong brain pathways. Break up your page as below and follow the process 5cm column.

**Questions:** How does it connect to what you already know? During class record any questions you have.

**Record:** Record what's taught in your own words; use short phrases, not sentences.

**Recite:** After class, not looking at your notes, attempt to answer your questions.

**Reflect:** After class think about how you can apply your notes to new situations.

**Review:** At home summarise your notes for five minutes in each subject. Spend ten minutes weekly revisiting them.

Always use the **80/20 principle:**

- 80% listening, 20% note taking
- think first, then write, not vice versa.

**ACTIONS**

What are two things I will start doing to improve my note taking?

- 1.
- 2.

**MINDFULNESS ACTIVITY:**

**6. Leaves.** Go outside and pick up as many different types of leaves as you can in five minutes. Go back inside and describe how each of them feels, how many lines they have on them, how they smell and anything else you notice about each one.

**RESILIENCE BUILDER**

**6.** Select three emotions which grow in intensity, for example, angry, agitated, frantic – do this four times. When you experience intense and complex emotions, as we all do, describe the positive things you could do using your top five strengths to calm yourself. Who could you turn to for support if needed?

**WELLBEING TIP:**

To focus on the wonders of life spend more time outdoors in parks, at rivers, lakes and the beach.

**WHAT WENT WELL THIS WEEK AND WHY?**

- 1.
- 2.
- 3.

**Character Strength**  
**Creativity**  
[www.viacharacter.org](http://www.viacharacter.org)

**SENIOR STUDENT PLANNER PAGE 34**

**CORNELL NOTE TAKING**

**My Wellbeing Bank:** Improve **Skills and Achievement** through effectively using Cornell Note Taking.

Your brain has **two** sides, left and right

- left brain listens to and looks for logical step by step instruction from your teachers.
- right brain looks for patterns, connections to what you already know and frames questions to ask.

The **Cornell** Note Taking Process uses both sides of your brain to build strong brain pathways. Divide up your page as below and follow the process 5cm column.

**Questions:** How does it connect to what you already know? During class record any questions you have.

**Record:** Record what's taught in your own words; use short phrases, not sentences.

**Recite:** After class, not looking at your notes, attempt to answer your questions.

**Reflect:** After class think about how you can apply your notes to new situations.

**Review:** At home summarise your notes for five minutes in each subject. Spend ten minutes weekly revisiting them.

Always use the **80/20 principle:**

- 80% engaged listening, 20% note taking
- think first, then write.

**ACTIONS**

What are two things I will start doing to improve my understanding using Cornell note taking?

- 1.
- 2.

**MINDFULNESS ACTIVITY:**

**6. Leaves.** Go outside and pick up as many different types of leaves as you can in five minutes. Go back inside and describe how each of them feels, how many lines they have on them, how they smell and anything else you notice about each one.

**RESILIENCE BUILDER**

**6.** People with fixed mindsets tend to set performance goals. They believe their potential can be measured. People with growth mindsets tend to set process learning goals; they believe through sustained effort they can achieve mastery. Set three process learning goals for this term in the Personal Learning Goals section. Complete a Goal Action Plan for each of them.

**WELLBEING TIP:**

To focus on the wonders of life spend more time outdoors in parks, at rivers, lakes and the beach.

**WHAT WENT WELL THIS WEEK AND WHY?**

- 1.
- 2.
- 3.

**Character Strength**  
**Creativity**  
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Kate your wellbeing this week: 1 FAIR to 5 GREAT 1 2 3 4 5

SCHOOL DIARY EXTRACT

SCHOOL DIARY EXTRACT



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# ANNUAL S.C.C.E. EXCHANGE SCHOLARSHIPS

## FOR SELECTED YEAR LEVELS AND SPECIAL CATEGORIES

Southern Cross Cultural Exchange has long appreciated the determination, courage and motivation of some of our best students to want to immerse themselves in a different culture and increase their global intercultural understanding. Established to recognise this desire for experiential learning, Southern Cross Cultural Exchange Scholarships have long been sought after by students seeking to join the thousands of students S.C.C.E. has sent overseas since 1983.

To facilitate this even more, S.C.C.E. is pleased to announce a range of S.C.C.E. Scholarships for students currently enrolled in Year 9, Year 10, and Year 11 & 12. We are also featuring 6 Special Categories for Year 9/10 students: S.C.C.E. Sports Scholarship, Creative Arts Scholarship, Community Service Scholarship, Photography Scholarship, Regional Scholarship and the Francesca Davison History and Literature Scholarship.

An S.C.C.E. Scholarship Award comes with it a unique once-in-a-lifetime opportunity to live with a volunteer host family and study overseas for between 2 to 10 months in the country of the winner's choice. As a reminder, there are no language pre-requisites for any countries other than Japan and China where you have to have been studying the language for at least two years. In order to gain the full perspectives involved in student exchange, all scholarship winners will be required to host an international student.

For all details regarding scholarship applications and essay criteria, please go to [www.scce.com.au](http://www.scce.com.au) and download a Scholarship Application Kit or call 1800 500 501.

### YEAR 9 SCHOLARSHIP FOR THIS AUGUST/SEPTEMBER YEAR PROGRAM

**ALL COUNTRIES**  
Take advantage of this amazing full year scholarship and really broaden your horizons by experiencing life to the full in your chosen country. Attend school for a year, make life-long friends and really immerse yourself in the culture and language. Don't miss out on this once in a lifetime opportunity! This full scholarship will be awarded based on the winning essay. Scholarship application deadline: **24 March FULL SCHOLARSHIP. NO COST**

### YEAR 9 SCHOLARSHIP FOR NEXT JANUARY SEMESTER PROGRAM

**ALL COUNTRIES EXCLUDING JAPAN AND CHINA**  
Join thousands of S.C.C.E. returnees in their decision to make a difference to their future with a prime opportunity to go on exchange to experience the first semester of Year 10 from next January and return home at the end of June to finish the second semester of Year 10. This full scholarship will be awarded based on the winning essay. Scholarship application deadline: **02 September FULL SCHOLARSHIP. NO COST**

### YEAR 10 LANGUAGE IMMERSION SCHOLARSHIP FOR NEXT JANUARY YEAR PROGRAM

**NON-ENGLISH SPEAKING COUNTRIES EXCLUDING JAPAN AND CHINA**  
S.C.C.E. is offering Year 10 students the unique opportunity to take a break from their Australian studies and spend Year 11 in a non-English speaking country. Become fluent in another language and really boost your future prospects, all whilst enjoying the culture and life-long friendship the program has to offer. Then come back and continue with your Australian schooling. This full scholarship will be awarded based on the winning essay. Scholarship application deadline: **02 September FULL SCHOLARSHIP. NO COST**

### YEAR 10 SCHOLARSHIP FOR A NOVEMBER 3-MONTH PROGRAM

**ALL COUNTRIES**  
This popular short-duration program departing in late October and returning home in time for the next academic year, has seen thousands of students to go to France, Germany or Italy which coincidentally have also been destinations for students wishing to enhance their foreign language skills as much as possible in 3 months. The Year 10 Scholarship for 3 months will be awarded based on the winning essay. Scholarship application deadline: **22 July FULL SCHOLARSHIP. NO COST**

### YEAR 10 SCHOLARSHIP FOR AN AUGUST/SEPTEMBER SEMESTER PROGRAM

**ALL COUNTRIES**  
Traditionally, the launch of the S.C.C.E. Year 10 Scholarship for a semester (5 months) of cultural exchange is marked with anticipation by students, including those doing a foreign language. Returnees of this program have often done very well in their subsequent language exams. Annually "back by popular demand", the Year 10 Scholarship for 5 months will be awarded based on the winning essay. Scholarship application deadline: **24 March FULL SCHOLARSHIP. NO COST**

### YEAR 11/12 SCHOLARSHIP FOR A DECEMBER 2-MONTH PROGRAM

**ALL COUNTRIES**  
The Year 11 & 12 Scholarship is the last chance for high school students to win a scholarship for an exchange program before leaving school. S.C.C.E. is pleased to offer a Year 11 & 12 Scholarship for 2 months based on the winning essay. Scholarship application deadline: **15 August FULL SCHOLARSHIP. NO COST**

### CREATIVE ARTS SCHOLARSHIP (YEAR 9/10) FOR AN AUGUST/SEPTEMBER SEMESTER PROGRAM

**ALL COUNTRIES**  
If you have what it takes to persevere in your field of the Creative Arts, you may apply for the S.C.C.E. Creative Arts Scholarship. This half scholarship will be awarded based on an essay and a subsequent display or performance of your artistic endeavour(s) for the judges that demonstrates your love for, and dedication to art, music, dance or the interactive media. Scholarship application deadline: **24 March HALF SCHOLARSHIP. 50% PROGRAM FEE**

### COMMUNITY SERVICE SCHOLARSHIP (YEAR 9/10) FOR AN AUGUST/SEPTEMBER SEMESTER PROGRAM

**ALL COUNTRIES**  
If you are actively involved in any field of community service, and want to help drive changes or make a difference to the lives of people around you, you may be deserving of the S.C.C.E. Community Service Scholarship. This half scholarship will be awarded based on an essay and subsequent visit for judges to appreciate your community service involvement. Scholarship application deadline: **24 March HALF SCHOLARSHIP. 50% PROGRAM FEE**

### PHOTOGRAPHY SCHOLARSHIP (YEAR 9/10) FOR AN AUGUST/SEPTEMBER SEMESTER PROGRAM

**ALL COUNTRIES**  
Are you a budding photographer with an eye for the perfect shot? If so, the S.C.C.E./STA Travel sponsored Photography scholarship may be for you. This half scholarship will be awarded based on an essay and a portfolio of a selection of your best photographic work. Scholarship application deadline: **24 March HALF SCHOLARSHIP. 50% PROGRAM FEE**

### HISTORY & LITERATURE SCHOLARSHIP (YEAR 9/10) FOR AN AUGUST/SEPTEMBER SEMESTER PROGRAM

**ALL COUNTRIES**  
English Literature and/or History students in Year 9 & 10 are encouraged to apply for the Francesca Davison history & literature Scholarship, established to highlight the outstanding work of a respected and committed teacher dedicated to education, and who also loved travel, cultural immersion, international diversity, literature and history. This half scholarship will be awarded based on a winning and thought-provoking essay. Scholarship application deadline: **24 March HALF SCHOLARSHIP. 50% PROGRAM FEE**

### REGIONAL SCHOLARSHIP (YEAR 9/10) FOR AN AUGUST/SEPTEMBER SEMESTER PROGRAM

**ALL COUNTRIES**  
If you live outside the metropolitan areas of a capital city, whether on a farm in remote areas or inner regional towns and attend school in a rural, regional or remote area, you may submit an application for the S.C.C.E. Regional Scholarship. This half scholarship will be awarded based on an essay focusing on your experiences and perception of issues related to education living in the country. Scholarship application deadline: **24 March HALF SCHOLARSHIP. 50% PROGRAM FEE**

### SPORTS SCHOLARSHIP (YEAR 9/10) FOR AN AUGUST/SEPTEMBER SEMESTER PROGRAM

**ALL COUNTRIES**  
You don't have to be a footy, cricket, rugby, soccer, tennis or swimming legend to be considered for the S.C.C.E./STA Travel sponsored sports Scholarship, only your desire and dedication to excel in your favourite sport(s) or your involvement and interest in its organisation to elevate interest or sporting skills at your school or club. This half scholarship for an S.C.C.E. program will be awarded based on an essay and proven sporting ability. Scholarship application deadline: **24 March HALF SCHOLARSHIP. 50% PROGRAM FEE**

The S.C.C.E. selection criteria and eligibility (Pg 3) applies to all scholarship applications. While we recognise your chosen category of scholarship application, it does not guarantee your specialised field of interests will be accommodated whilst overseas. Scholarship winners are responsible for any school-related, transport and visa costs as well as their own personal spending money for the duration of their program. For more information contact S.C.C.E. Tel: 1800 500 501 Email: [scecaust@scce.com.au](mailto:scecaust@scce.com.au) Web: [www.scce.com.au](http://www.scce.com.au)

## HEALTHY EXERCISE HABITS FOR KIDS:

**Range of Motion Kids:**  
The Range of Motion Kids program is an Exercise Physiologist designed template focussing on one-on-one appointments for primary aged children and younger. More details at <http://rangeofmotion.net.au/content/range-motion-kids>

**Range of Motion Youth Academy:**  
An all-inclusive health and fitness academy for young men and young women of all levels aged 14-17. More details at: <http://rangeofmotion.net.au/content/range-motion-youth-academy>

## April School Holiday Revision Program

Achieve your best with help from the school revision specialists  
Programs available in the April school holidays:  
• Year 11 & 12 ATAR Revision Program  
Revision and first semester exam preparation courses in ATAR subjects plus our popular Study Skills and Essay Writing courses. Six hour and ten hour courses available in both the first and second week of the holidays.  
• Year 7 – 10 Skills Development Program  
Specialist teachers will inspire and build your child's confidence. Courses available include: NAPLAN Preparation, Advanced Maths, Intermediate English, Foundation Maths and English, Learning Skills and Persuasive Essay Writing.



**To Enrol:**  
Churchlands Senior High School  
Perth Modern School  
Rossmoyne Senior High School  
Early bird discount: Enrol with full payment before 21<sup>st</sup> March and receive 10% discount  
Enrol online: [www.academicstaskforce.com.au](http://www.academicstaskforce.com.au)  
University of Western Australia (Yr 12 only)  
University of Notre Dame Australia (Yr 12 only)  
Early bird discount: Enrol with full payment before 21<sup>st</sup> March and receive one free Weekend Tuition Help session valued at \$42.00  
Enrol online: [www.academicassociates.com.au](http://www.academicassociates.com.au)

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## Free methamphetamine workshop for schools and parents in Semester 1



SDERA has been working closely with the Department of Education to make available to all schools a workshop called *Talking Drugs*. This is an excellent opportunity for WA schools to engage in a drug education initiative that is being driven at state and national levels to address methamphetamine and other drug use behaviour.

This workshop for those working with Kindergarten to Year 12 students, adds another layer of knowledge to those who conduct drug education using our teaching and learning resources; to those who seek to develop a *Whole School Drug Education Plan* and to school staff who work on any level to support students who may have issues around drug use.

The workshop has a focus on methamphetamine and other drugs and allows considerable opportunity for discussion.

- At this workshop you will:
- Extend your knowledge and awareness of drug types, their impacts and possible consequences.
  - Gain greater understanding of some of the complex issues that may drive drug use behaviour.
  - Consider what may contribute to drug use in individuals who choose to use drugs and/or continue to use them.
  - Understand the importance of empathy for working with young people with drug use issues.

### Talking Drugs for school staff

Location	Date
Albany	9 June
Broome	17 May
Bunbury	24 May
Busselton	26 May
Esperance	17 March
Geraldton	1 June
Kalgoorlie	11 May
Karratha	6-7 April (3pm-6pm)
Narrogin	22 June
Northam	20 June
Rockingham	22 March
Perth	11 March
Perth	5 May
Perth	14 June

[www.sdera.wa.edu.au](http://www.sdera.wa.edu.au)



LIMITED PLACES REGISTER NOW

## Talking Drugs Parent Information Session

Parents have an important role to play in preventing and reducing their children's risk of harm from drug use.

As part of the national and state strategy to address methamphetamine and other drug use behaviour, the Department of Education and SDERA will offer a Talking Drugs information session for parents.

These 1 1/2 hour sessions will be run in 11 regional areas and the metropolitan area in the evening during Semester 1.

Schools are being encouraged to inform and invite their parents to attend as places are limited.

Location	Date
Albany	8 June
Broome	17 May
Bunbury	23 May
Busselton	25 May
Esperance	17 March
Geraldton	1 June
Kalgoorlie	11 May
Karratha	5 April
Narrogin	21 June
Northam	20 June
Mandurah	28 April
Perth	10 March
Perth	5 May
Perth	19 May

To register for this event, go to [www.eventbrite.com.au](http://www.eventbrite.com.au) to find a Talking Drugs session near you.

# Want to Play AFL Footy in 2016?

## Mt Lawley Inglewood Roos

Welcomes players from Kindy to Year 12 (5-18 year olds)  
We are based at Inglewood Oval, Mt Lawley

The club offers the following:

- AFL Auskick** Kindy to Year 2 (5-8 yo)
- AFL Juniors** (Modifieds) Years 3-7 (8-13 yo)
- AFL Youths** Years 8-12 (13-18 yo)

**Online Registrations Open!**  
Visit [www.mlijfc.com](http://www.mlijfc.com),  
[www.facebook.com/mlijfc](http://www.facebook.com/mlijfc)  
or email [roos@mlijfc.com](mailto:roos@mlijfc.com)

## Sign up to play TODAY